

S P A ALILA

naturally from the heart

Alila Diwa Goa

retail collections



massage blends

Spa Alila Massage Blends provide a 100% safe, natural, premium grade massage oil, made with a protein-rich, vitamin and mineral-packed blend of virgin coconut, kukui nut, moluccan almond and wheatgerm carrier oils that is intensely hydrating and nourishing for the skin. Our range of massage therapies draw on the healing and preventative effects of these pure plant oils and concentrated plant essences to address the real health and wellness concerns of our guests.

Detoxifying Massage Blend

A zesty blend of grapefruit, cajeput, juniper berry and cedar leaf essential oils specifically chosen for their ability to purify the body and revive the spirit, getting you back on track to functioning at your best. A perfect remedy for sinus infection, allergies and congestion, headaches, rheumatism, back pain and digestive problems.

100 ml | ₹ 800

Signature Massage Blend

This oh so seductively soothing blend of lavender, lemongrass and ylang ylang essential oils is the perfect antidote to tiredness and tension, relieving headaches and migraine, combating nervous exhaustion and stress-related conditions, as well as soothing all types of skin problems. A super revitalising tonic for the mind and body.

100 ml | ₹ 750

Relaxing Massage Blend

Spa Alila's own herbal-spicy, flowery-sweet blend of essential oils works in perfect synergy to soothe, balance and destress. Includes the calming influence of lavender, geranium and chamomile, uplifting mandarin, and the warm, earthy goodness of marjoram and patchouli. Mother Nature's healing at its best. This blend can also help ease the discomforts of the menstrual cycle.

100 ml | ₹ 750

Reviving Massage Blend

A sparkling fresh, herbal, citrus-spice blend of rosemary, petitgrain and lemon essential oils designed to clear the head and put the spring back in your step! Effective for relieving muscular aches and pains, fatigue, headaches, flu and cough.

100ml | ₹ 750



essential oil blends

Spa Alila Essential Oil Blends are perfect for use in an oil burner or diffuser. Add 10-20 drops, fill with spring water and enjoy. Be sure to never let your diffuser burn dry. 5-10 drops in a freshly drawn bath is also a pleasurable treat.

Signature Essential Oil

A soothing & seductive, floral-herbaceous, blend of lavender, lemongrass & ylang ylang essential oils. It has a soothing & calming effect on the nerves, relieving tension, depression, panic, hysteria & nervous exhaustion in general & is effective for headaches, migraines & insomnia. It relieves symptoms of jetlag, clears headaches & helps to combat stress-related conditions. Spa Alila's Signature Blend is a great overall tonic for the mind & body.

15 ml | ₹900

Jasmine Sambac Essential Oil

Boost feelings of sensuality with the exotic scent of around 4,000 perfect handpicked jasmine blossoms captured in each bottle of Alila Jasmine Sambac Essential Oil. Diluted in coconut oil, it is ready to wear as a perfume, or add a few drops to the bath. Dilute further for a soothing, sensual massage.

15 ml | ₹900

Lavender Essential Oil

Lavender essential oil is universally loved for its irresistibly sweet, floral aroma and amazing ability to soothe, destress and relieve all types of skin problems. One of the few essential oils that can be used undiluted directly on the skin.

15 ml | ₹800

Relax Essential Oil Blend

Relaxation comes easy with this welcome blend of soothing lavender, geranium and chamomile combined with mandarin, marjoram and patchouli essential oils, working in harmony to unravel stress, calm the emotions, and enhance your mood. This blend can also help relieve the discomforts of the menstrual cycle.

15 ml | ₹900

Tea Tree Essential Oil

The antibacterial, antiviral and antifungal properties of the native Australian Tea Tree have been relied on for centuries, making it one of the most useful oils to have at your disposal. From insect bites, cuts and burns to acne, dandruff, oily skin and rashes, tea tree oil can be applied to combat infections and help clear the skin. Its slightly medicinal, wood-fresh aroma is also great for clearing the head. Add a few drops in the bath for soothing relief from a cold or flu.

15 ml | ₹900



bath salts

Spa Alila Bath Salts feature pure, unrefined, organic sea salt harvested from Bali's pristine, rugged east coast using a traditional method that preserves the rich revitalising minerals. Added to this raw natural ingredient is an amazing powdered blend of baking soda to soothe itchy skin, corn starch to absorb perspiration, citric acid for its anti-oxidant properties, French clay to draw out toxins, and virgin coconut oil to protect, moisturise and increase skin's elasticity – leaving skin clean, sensationally smooth and utterly refreshed.

Detoxifying Bath Salts

A fresh, citrusy, camphorous blend of grapefruit, cajeput, juniper berry and cedar leaf essential oils specifically chosen for their powerful detoxifying effects. A soothing remedy for headaches, sinus infection, allergies and congestion.

350 g | ₹ 600

Signature Blend Bath Salt

Featuring the seductively soothing qualities of lavender, lemongrass and ylang ylang essential oils, this signature blend is a fabulous overall tonic for the mind and body, relieving nervous tension, combating tiredness and lifting your mood.

350 g | ₹ 600

Relaxing Bath Salts

Experience ultra relaxation with Spa Alila's own herbal-spicy, flowery-sweet blend of essential oils – mandarin to uplift, lavender, chamomile and geranium to calm and destress, combined with the earthy warmth of marjoram and patchouli. Simple perfection when you need it most.

350 g | ₹ 600

body scrubs

Feel the difference a Spa Alila Body Scrub makes, each delicious blend designed to exfoliate from head to toe, removing dead skin cells and unclogging pores to reveal fresher, younger looking skin. Our body scrubs also replenish essential oils and nutrients, leaving your body clean, fresh and invigorated. Use a few times a week for normal to dry skin types and every other day for normal to oily skin.



Aloe & Cucumber Body Scrub

A fresh, cooling and calming sensation in one perfect pick-me-up blend of lavender, lemon and cucumber seed oils in a soothing aloe vera juice base. An added dash of nutrient-rich chlorophyll nourishes tired, exposed skin, combined with an irresistibly earthy exfoliating blend of ground loofah sponge and bamboo.

100 ml | ₹ 600

Signature Blend Body Scrub

Featuring the seductively soothing qualities of lavender, lemongrass and ylang ylang essential oils, this signature blend is a fabulous overall tonic for the mind and body, relieving nervous tension, combating tiredness and lifting your mood.

350 g | ₹ 600



body butters

Our body butters replenish the skin with pure nut oils and botanical extracts which contain vital nutrients or “food for your skin”, leaving your body clean, fresh and hydrated.

Cocoa & Honey Body Butter

Envelop yourself in the soft, sweet, warming, woody aroma of Alila Living's Cocoa & Honey Body Butter. An irresistible, hydrating butter made with some of the tastiest, most nourishing nut & plant actives known to the botanical world. Richly accented with cocoa & brown lavender absolute, an intoxicating dose of pure Indonesian vanilla oleoresin, then sandalwood & Egyptian geranium essential oils. To make this elixir even tastier we added a hefty helping of wildflower honey. It is honey in its purest form made from bees that collect nectar from the many tropical flowers of Bali's wild countryside. Pure indulgence!

250 ml | ₹ 1500

Green Tea & Kaffir Lime Body Butter

Alila Living's Green Tea & Kaffir Lime Body Butter is not only incredibly invigorating but equally nourishing and revitalizing. From the high tea fields comes the garden-fresh green tea leaves that we use to render our green tea oil and potent extract. Green tea is an extremely powerful antioxidant due to its high content of polyphenols. Anti-oxidants aid in preserving a more youthful appearance by hindering the body's natural oxidation process of aging. This robust mixture is then generously spiked with pure essential oils of cold-pressed Lime, French Lavender & Javanese Ginger Root. A pleasantly-earthly blend to please even the most scrupulous connoisseur.

250 ml | ₹ 1500

Mandarin & Pink Grape Fruit Body Butter

An incredibly moisturizing buttery base infused with Pink Grapefruit, Mandarin Peel & Lemon Myrtle essential oils to create this sweet, slightly tart excitingly-fresh, irresistible concoction. The combined odour effect is uplifting and anti-depressant; a wonderful elixir that aids in cellulite reduction, muscle fatigue, relieves tension, depression, panic, hysteria & nervous exhaustion in general. A great remedy for tired, chapped, mature or sunburned skin. A welcome treat for the whole body!

250 ml | ₹ 1500

facial cleansers

Effective yet gentle, Spa Alila's smooth and creamy facial cleansers are aloe vera based and 100% natural – no harsh detergents, soap or artificial preservatives. Use twice daily to leave your skin feeling soft and hydrated, and your complexion sparkling fresh!



facial toners

Spa Alila Facial Toners are floral-water based liquids used after the cleansing step of your daily skin routine. Their beneficial plant actives help restore balance to skin's pH and regulate pore size while cooling, soothing and refreshing the skin. Use also as a refreshing facial mist any place, any time. Contains no alcohol, chemicals or synthetic preservatives. Always 100% natural.

Cucumber & Aloe Facial Cleanser

An irresistibly cool concoction of lavender, lemon and cucumber seed oils, enriched with chlorophyll which is packed with nutrients that nourish tired, lacklustre skin.

100 ml | ₹ 800

Lemon Drop Facial Cleanser

A refreshing and effective synergy of cold-pressed lemon and lemon myrtle essential oils known for their excellent antibacterial & anti-fungal properties. French yellow clay features a powerful detoxifier that acts like a magnet drawing out impurities from the skin while the essential minerals within the clay are released. This amazing cleanser is infused with Vitamin E rich Wheatgerm oil and is said to promote the formation of new cells, improve circulation, and can help repair sun-damaged skin. Cleanse, refresh & repair all at the same time with this irresistibly-fresh concoction.

100 ml | ₹ 800

Rejuvenating Rose Facial Toner

This sweet intoxicating blend of aloe vera juice, wildflower honey, star fruit extract and pure essential oils of geranium, lemon, rosewood and pure rose damask absolute is perfect for brightening your complexion and lifting your mood. Rose oil tones, soothes and rejuvenates. It is particularly good for dry, sensitive and mature skin, yet mild enough for all skin types. Star fruit is rich in anti-oxidants and immune-boosting vitamin C. A gorgeous blend fit for a queen.

100 ml | ₹ 800



facial scrubs

Spa Alila Facial Scrubs are designed to gently yet effectively exfoliate the skin and replenish essential oils and nutrients to reveal a healthy, youthful-looking complexion. Use once a week for normal to dry skin types and two or three times a week for normal to oily skin types for a fresh and invigorated glow.

facial masks

Regular use of an organic detoxifying face mask can help keep your skin looking its youthful best. Spa Alila Facial Masks gently stimulate, nourish, rejuvenate, refine and cleanse by removing dead skin cells, drawing out toxins trapped deep in the skin's pores, and replacing essential oils and nutrients. A natural way to soft, smooth and evenly toned skin. Use once every few weeks for normal to dry skin types and once a week for normal to oily skin types.

Hibiscus & Rice Bran Facial Scrub

A perfect compliment to Alila Living's Lemon Drop Facial Cleanser; this facial scrub is the quintessential second step to form an unparalleled & irresistible facial care regiment. Packed with natural goodness of shooting aloe vera juice, coconut, wheat germ oils and the pure scrubbing yummy-ness of rice bran & ground sandalwood. A well known Ayurvedic ingredient, red hibiscus flower extract is also added for its highly effective antioxidant and astringent properties plus combination of cold-pressed lemon, lemon myrtle and fresh ginger root essential oil.

60ml | ₹ 500

Red Clay & Roses Facial Scrub

The subtle scent of blossoming roses is captured in this lovely facial scrub made with a delicately soft, sweet yet spicy blend of rose petals, ground sandalwood, French red clay and pure essential oils of rose geranium, lemon, rosewood and pure rose damask absolute. Rose reigns as the queen of all flowers, and rose oil is hailed for its ability to tone, rejuvenate and soothe skin irritations, making it especially good for dry, sensitive and mature skin, yet mild enough for all skin types.

60ml | ₹ 500

Lemon & Hibiscus Detoxifying Mask

Alila Living's Lemon & Hibiscus Detoxifying Mask is a wonderfully-invigorating yet-grounding treat for anyone whose skin could use a little assistance. With an aroma to die for this extremely effective mask contains high levels of antioxidant and anti-aging properties. The star ingredient, hibiscus flower extract is rich in organic acids and skin tightening properties, an excellent anti-aging remedy. This blend also contains antiseptic lemon and lemon myrtle essential oils. Simple perfection when you need it the most.

60ml | ₹ 600

Roses Are Red Clay Mask

Renew skin's radiance with the essence of rose, highly regarded for its toning, anti-inflammatory and rejuvenating qualities. This is combined with evening primrose oil which helps to repair skin cells, and deeply detoxifying French red clay which acts as a magnet to draw out impurities, while releasing essential minerals and strengthening skin's connective tissues. A remarkable blend that leaves skin fresh, smooth and glowing.

60ml | ₹ 600

facial creams

There is nothing quite like Spa Alila moisturising facial creams – intensely rich, creamy and naturally fragrant. Absolute heaven. Only the finest, most precious botanicals make it into the mix – pure aloe vera juice combined with a superior blend of exotic oils such as kukui nut, jojoba and African shea tree butter. Use daily after bathing to protect, balance, nourish, repair and hydrate all facial skin types. For those steamy tropical days, keep in the fridge for when your skin needs a refreshing treat.



Indian Fig Finishing Cream

Rejoice in the sheer perfection of this highly effective moisturising cream with excellent repairing, anti-oxidant and anti-aging properties. Tamarind, also known as Indian fig, is the star ingredient with great antiseptic, anti-allergy and skin tightening qualities. It is also an excellent anti-freckle and anti-aging remedy. Pure vanilla extract adds an element of gentle stimulation, while a dash of the very rare and exquisite brown lavender absolute adds an aroma that will send you soaring into ecstasy. Created for all who appreciate the finest things in life. Gentlemen may especially appreciate this product as a soothing and healing after-shave moisturiser.

60 ml jar | ₹ 1100

Blossom Facial Dream Cream

Pure heaven in a jar. An ethereal symphony of lemon peel, ylang ylang, frangipani and jasmine blossom oils that is bursting with anti-aging, anti-oxidant and skin-enriching benefits. Feel your spirit soar as this divine nourishing elixir transports you to a soothing, skin smooth nirvana.

60 ml jar | ₹ 1100

Cooling Cucumber Eye Serum

Nutrient-rich evening primrose, wheatgerm and rosehip carrier oils combined with an enriching blend of natural ingredients tones skin in the delicate eye area, reducing puffiness and softening fine lines and wrinkles, giving eyes every reason to sparkle.

25 ml | ₹ 800



botanical lip balms

Poutilicious! Make way for lusciously kissable lips with Spa Alila Botanical Lip Balms, designed to protect lips exposed to the elements. Made from a 100% pure plant-based blend of castor, coconut, kukui nut and wheatgerm base oils that are protein-rich and packed with vitamins and minerals to nourish, soothe and moisturise, and with an indulgent spoon of Wild Bali Honey added for a deliciously sweet finish.

Fresh Kiss Lip Smack

A fresh and minty blend of cajeput, peppermint and wintergreen essential oils that leaves your lips tingling with invigoration. Use regularly for alluringly kissable lips...and fresh breath too.

15 ml | ₹ 600

Ginger Lemon Lip Balm

Like sipping fresh cut ginger tea flavoured with the zest of lemon, this gorgeous balm combines locally produced ginger root essential oil with pure lemon and lemon myrtle essential oils, guaranteed to give your lips a seductive glister and your kisses a citrusy punch!

15 ml | ₹ 600

Alila

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